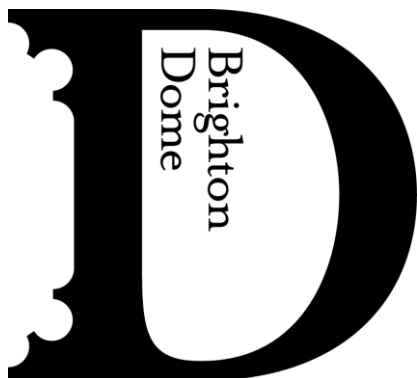


PRESS RELEASE - for immediate release



Bryony Kimmings & Tim Grayburn

Fake it 'Til You Make It

Thursday 10 & Friday 11 September 2015

Brighton Dome Studio Theatre

8pm, £14 / £12 conc.

Award winning artist **Bryony Kimmings** is back with a brand new collaboration that seeks to blast the taboo of mental illness out of the water in *Fake it 'Til You Make It*

*'beautiful and funny and intelligent and true' ******, The Guardian (Australia)

Bryony Kimmings is an outrageous, hilarious and fearless Performance Artist from London. **Tim Grayburn** is an outrageous, hilarious and fearless account manager at a top advertising firm. These two humans happen to be a couple. Bryony spends most of her life on tour trying her best to change the world. Tim spends most of his life at a desk trying his best to sell the world. Six months into their relationship Bryony found out that Tim has severe clinical depression. He had kept it a secret for a very long time.

1 in 4 of us will suffer from a mental illness in our lifetime, up to 8% of us can be struggling on any one day AND 70% of patients in the doctor queue are there for mental health reasons. It is estimated that half of male depression goes undiagnosed, yet mental health related suicide is the number one killer of men under 35 in the UK. So why do we find it so hard to talk openly about the subject? And how do we cope with it when it arises?

Expect home made music, stupid dancing, onstage arguments, real life stories, tears and truths in this wickedly heart-warming and funny celebration of the wonders and pitfalls of the human brain as the duo seek to unpick what it takes to be a "real man".

Winner of Best Theatre Award, Fringe World Festival, Perth
Winner of Weekly Fringe Award for Theatre at Adelaide Fringe

This show was commissioned by The Southbank Centre and Theatre Works, Melbourne and supported by DanceXchange, Arts Council England, Peggy Ramsey Foundation and donations made by brilliant people on Kickstarter.

-ENDS-

For further enquiries, please contact our press team:

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Notes To Editors:

- Brighton Dome & Brighton Festival manages a year round programme of arts at Brighton Dome – a three space, Grade 1 listed building made up of the Concert Hall, Corn Exchange and Studio Theatre - and produces the annual Brighton Festival in May.
- It aims to champion the power of the arts, to enrich and change lives, and to inspire and enable artists to be their most creative.
- Brighton Dome & Brighton Festival are a registered arts charity
- Brighton Dome & Brighton Festival are working with the Royal Pavilion & Museums on a joint masterplan to realize a future vision for the Royal Pavilion Estate. For updates and news please visit www.brightondome.org or contact royalpavilionestate@brightondome.org to be added to our mailing list.