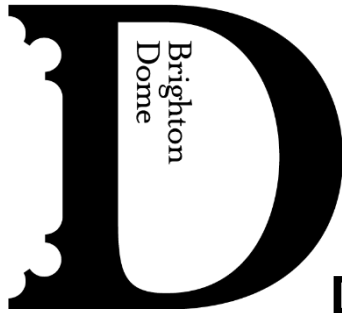




Disabled + Disobedient: Artist Development Lab



Expression of Interest

Deadline: Friday 5 December (before midnight)

'Hey folks,

Another offering from Camp Disabled + Disobedient! After an exhilarating launch year, we've listened to your feedback - audiences and artists alike - and we're thrilled to be bringing you the first ever Disabled + Disobedient Artist Development Lab.

We know that training options for disabled and neurodivergent artists are often inaccessible in terms of venue access and amenities, finances, energy levels, and how it feels to navigate the world as a disabled person right now - so we've put together two gently-paced half days of workshops and sessions run by and for disabled people; for you to upskill, expand your practice and networks as an artist, and connect with other artists who are going through the same things that you are. There might even be a free ticket to a fabulous show, too...

Hope the winter season isn't hitting you too hard. I'm finding tiny, tiny (and then, even tinier) baby steps really helpful at the moment. Set the bar ridiculously low for yourself! Comparison is the thief of joy! You're doing great, babe. Xoxo'

- Erin Enfys, co-programmer and host of Disabled + Disobedient

Brighton Dome is looking for local deaf, disabled and/or neurodivergent artists to join us and take part in our new **Disabled + Disobedient: Artist Development Lab**. Disabled +

Disobedient is a series of events, created by Brighton Dome and Erin Enfys, which celebrates deaf, disabled and neurodivergent artists and creativity. The programme consists of cabaret performances, community-focused events, supported artist residencies, and artist-development workshops.

Disabled + Disobedient aims to benefit and platform local deaf, disabled and neurodivergent artists, creatives and audiences. Disabled + Disobedient is co-programmed by Brighton Dome and Erin Enfys. Erin Enfys, Brighton Dome In-House Artist for 2023-24, will also act as a facilitator for the Artist Development Lab.

We are looking for **up to 5 local* deaf, disabled and/or neurodivergent artists** from any performing arts discipline to take part in our Artist Development Lab programme, which will:

- Take place on **Monday 23 & Tuesday 24 February 2026, from 12–5.30pm daily**
- Be **located at Brighton Dome**, in the Studio Theatre and Gallery Bar
- **Involve 4 workshops** based on the following topics: movement, voice, taking an artistic idea into development, and building relationships with venues and presenters
- **Include one informal networking session** with other local organisations
- Include **tickets to a show** in the Studio Theatre on **Wednesday 25 February, evening** (optional, but recommended)

We are pleased to offer this artist development opportunity for **free** to artists thanks to Brighton Dome subsidy.

We will **provide lunch and refreshments** on 23 & 24 February (inclusive of dietary requirements). All **participants will receive a £20 bursary** towards their costs.

**Our priority is providing opportunities for deaf, disabled and neurodivergent artists from Brighton & Hove and Sussex. For this particular opportunity, artists will need to confirm that they are based in a BN postcode.*

To express your interest in taking part in the Artist Development Lab, please email abs.reeve@brightondome.org with the following information:

- Your Name
- Where you are based / confirmation of BN postcode
- Details of any access requirements or support you would need in order to participate, and that are relevant to our communication with you
- Any further questions you may have

And answer the following questions/prompts:

- Tell us about yourself and your artistic practice (please feel free to include videos, text or images if this is helpful)
- How do you think this opportunity will benefit you as an artist? This could be impact on your wellbeing, your practice as an artist, professional connections, etc. Think broadly – there is no right answer!
- What excited you about this opportunity?

You can contact us in writing, or attach a voice note or video (max. 5 minutes) detailing the above points to your email if preferable.

TOP TIPS FOR YOUR EXPRESSION OF INTEREST

- We want to get to know you and who you are as an artist, so be open and clear about what is unique/interesting about you and your artistic practice
- We really want to understand why ‘now’ is a significant time for you to take part in this programme – so please be clear about how you feel this opportunity will support your hopes and plans for the future
- As there are limited spaces for this opportunity, we will make decisions based on who we feel this opportunity will benefit/impact most at this time
- Please remember there are no right answers and we recognise that each artist will have a unique perspective to bring to this opportunity and the questions answered. Tell us whatever you think is relevant, and what is true for you!

We will review Expressions of Interest once the deadline has closed, and all applicants will receive a response before **end of day on Friday 19 December**.